Finding a Breeze

for treble choir and piano



Words and Music by

Matt Carlson

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Commissioned by Arizona ACDA for the 2023 Cantaremos Treble Honor Choir *Jess Edelbrock, conductor*

Finding a Breeze is about breaking free from the weight of negative thoughts and being lifted up by positive ones. It begins in the middle of a sleepless night, with self-doubt racing through the speaker's head. Dreams of flight break this cycle. Inspired by a new perspective, we fly freely toward the horizon, and encourage our listeners to do the same.

Performance Note-Bridge

In writing the music for the bridge (page 6), I asked myself: "What would I say to someone that needs help finding a breeze?" I came up with words that I thought might inspire someone, set these words to music, and filled the page with positive thoughts, feelings, and memories of joy.

Choirs that perform this piece are encouraged to use this bridge as a composition activity! Create new lyrics that you think would help someone find their breeze. Compose musical motives that fit your words, then add it to the piece. You can combine your new composition with what is already there, or have it replace the original music to make something totally new. New motives can be performed by a small group, a section, the whole choir, or sung as solos. Add a repeat in the piano part if you need more time. Use this piece to make a special connection with your audience and to share your voice. Your voice matters, and you have important things to say that can make good in the world.

Matt Carlson (b. 1991) teaches vocal music in the Bermudian Springs School District (York Springs, PA) and is the artistic director of Gettysburg Children's Choir. He has conducted choirs from elementary through college ages, and draws on this experience to compose works that are both musically enriching and accessible to singers of all ability levels. His music is published by Santa Barbara, Alfred, and on his website: mattcarlson.co

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##6

Piano

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